

Conclusion

School- and child-care-based telehealth programs provide an opportunity to leverage technology utilizing a health care delivery method that has promising evidence supporting its efficacy in improving access to care and health outcomes for children. Telehealth is also evolving as an important tool to help improve children's attendance and performance at school and provide convenient options for working families, who might otherwise have to sacrifice work time and/or wages for travel to health care visits or, worse, to forgo necessary preventive or acute care.

Over the past two decades, school- and child-care-based telehealth programs have expanded across the United States and have grown to be viewed as a valuable tool to both complement and expand the capacity to meet children's health care needs.⁹¹ Successful school- and child-care-based telehealth programs have emerged as strong models for addressing the physical and behavioral health needs of children, and research regarding cost-effectiveness and outcomes is emerging as well. Telehealth programs vary. They may include primary care, specialty care, chronic disease management, hearing and speech services, mental/behavioral health care, and/or oral health care, and they may be located in rural as well as urban areas.

While several programs have found ways to successfully deliver pediatric telehealth services in non-traditional settings like schools and child care centers, certain barriers continue to limit widespread adoption of



telehealth in these settings, including technological, legal, administrative, and licensing barriers.⁹² For patients, barriers are often related to concerns about privacy or changes to existing health care relationships, as well as a lack of basic health care literacy in terms of when and how to access medical or dental services.⁹³ For providers, barriers include coverage, liability, and licensing, while reimbursement tends to be the most common barrier.⁹⁴ System barriers may include space allocation, startup costs, maintenance, technical expertise and equipment, internet

speed and bandwidth capabilities, reimbursement, and buy-in from a broad range of stakeholders. Stakeholders include teachers, parents, students, parent-teacher associations, school nurses, school social workers, school and child care administrators, school district staff, local government councils and commission bodies, local health care providers, county health departments, and state lawmakers and regulators. Finally, every telehealth program must consider federal, state, and local regulatory policies and laws as well as costs, return on investment, and sustainability.⁹⁵

Key Resources:

Checklists:

[AAP: Getting Started in Telehealth](#)

[Foley & Lardner Compliance Checklist](#)

Model Contracts and Forms:

[AAP Model Forms and Checklists \(multiple resources\)](#)

[MUSC Student Enrollment Form](#)

[MUSC Consent Form](#)

State Policies:

[Center for Connected Health Policy: State Telehealth Laws and Reimbursement Policies Report, Fall 2017](#)

[Center for Connected Health Policy: 50 State Scan of Telehealth Reimbursement Laws and Medicaid Policies—Factsheet](#)

[Report: Nearly every state has updated its telehealth legislation since last year](#)

HIPAA and FERPA Regulations:

[Joint Guidance on the Application of the Family Educational Rights and Privacy Act \(FERPA\) And the Health Insurance Portability and Accountability Act of 1996 \(HIPAA\) To Student Health Records](#)

[HIPAA & FERPA in School Based Health Centers](#)

[HIPAA Resources from the HHS](#)

[HITECH Act Impact on HIPAA](#)

Measurement:

[School Based Health Alliance: Standardized Performance Measures for SBHCs](#)

[Head Start Regulations for Health](#)

Telehealth General:

[Telehealth resource Centers: Multiple Resources](#)

[American Telemedicine Association: Operating Procedures for Pediatric Telehealth](#)

[CVS Health & Northside Center Partner To Enhance Mental Health Clinic Program In New York City Schools](#)

[Avizia: Research Report Closing the Telehealth Gap 2017](#)

[AAP: Pediatric Applications of Telehealth](#)

[Lucille Packard Foundation for Children's Health Report: Realizing the Promise of Telehealth for Children with Special Health Care Needs](#)

[Children's Health Fund White Paper: 15 MILLION KIDS IN HEALTH CARE DESERTS: Can Telehealth Make a Difference?](#)

School-based Telehealth:

[The Children's Partnership Issue Brief: School-Based Telehealth: An Innovative Approach to Meet the Health Care Needs of California's Children](#)

[American Telemedicine Association: State Medicaid Best Practice: School-Based Telehealth](#)

[University Of Maryland: Telemental Health](#)

Telehealth in Child Care:

[University of Rochester: Facilitators and Barriers to Adoption of a Successful Urban Telemedicine Model](#)

Endnotes

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